

Act of Contrition :Fill in the Blank

Word List

God all-good grace offend
sins love punishment

O, my _____ I am heartily
sorry for having offended you. I
detest all my _____ because of your
just _____, but most of all
because they _____ you, my
God, who are _____ and
deserving of all my _____. I firmly
resolve, with the help of Your _____,
to sin no more and to avoid the near
occasion of sin.

Amen