

The Seven Sacraments

Baptism		Anointing of the Sick	
Renewal of Promises	2	Home Visit	19
Baptism of Baby	3	Child Helping Woman	20
Baptism Candle	4		
Teen Baptism	5	Marriage	
		Wedding	21
Confirmation		Wedding Rings	22
Pentecost	6		
Fruits of The Holy Spirit	7	Holy Order	
Gifts of The Holy Spirit	8	Administering	23
Holy Spirit, Cross & Flame	9	Bishop	24
Confirmation	10	Priest	25
		Deacon	26
Eucharist		Bishop, Priest & Deacon	27
This is My Body	11		
Elevation	12	Holy Oils	
First Communion Boy	13	Oil of the Infirm	28
First Communion Girl	14	(Anointing of the Sick)	
The True Presence	15	Oil of Catechumens	29
		(Baptism)	
Penance		Sacred Chrism	30
Examination of Conscience	16	(Baptism, Confirmation, Holy	
Guild to Confession	17	Orders)	
Confession	18		

Renewal of Baptismal Promises

V. Do you reject Satan?

R. I do.

V. And all his works?

R. I do.

V. And all his empty promises?

R. I do.

V. Do you believe in God, the Father Almighty, creator of heaven and earth?

R. I do.

V. Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

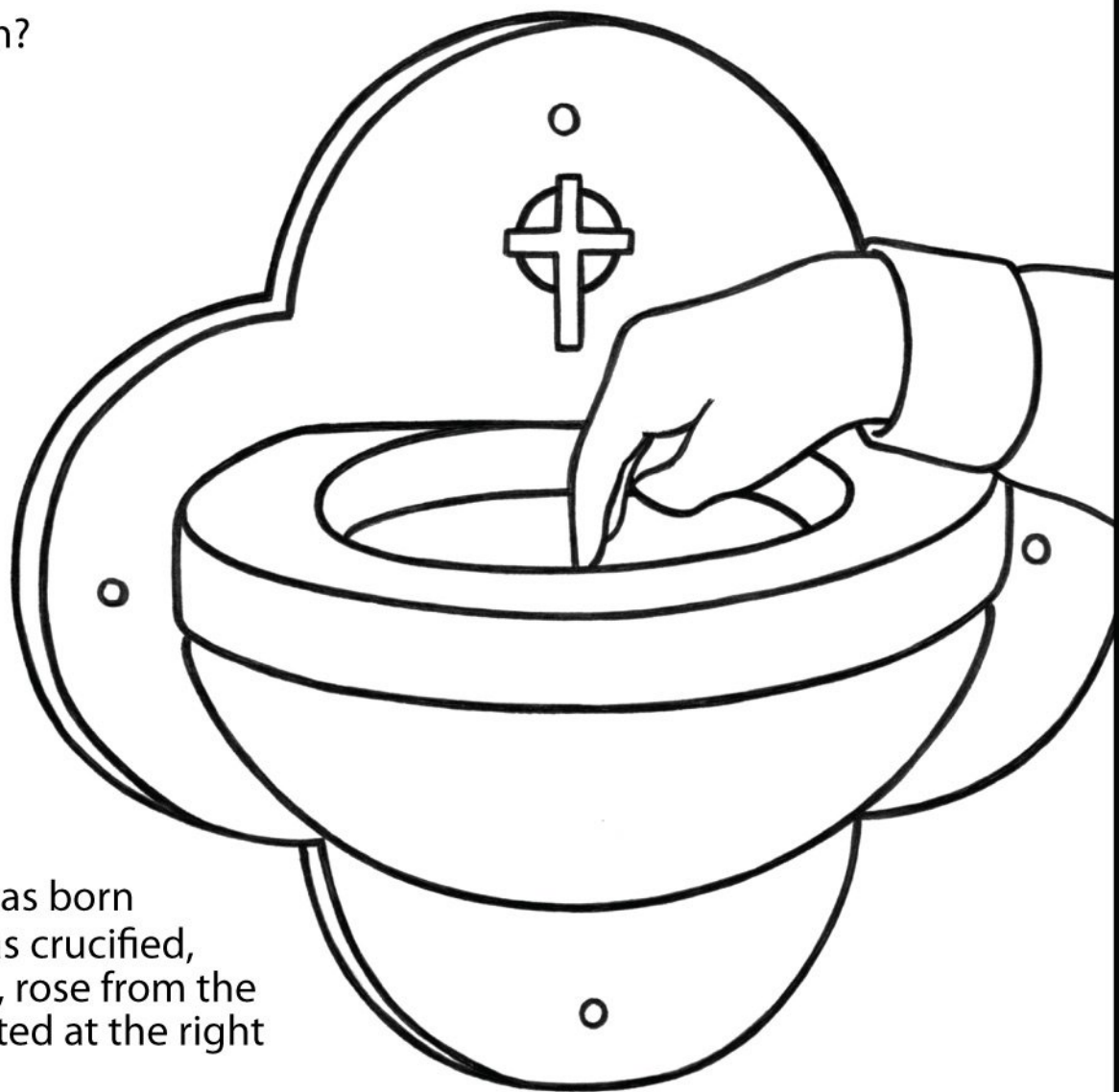
R. I do.

V. Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

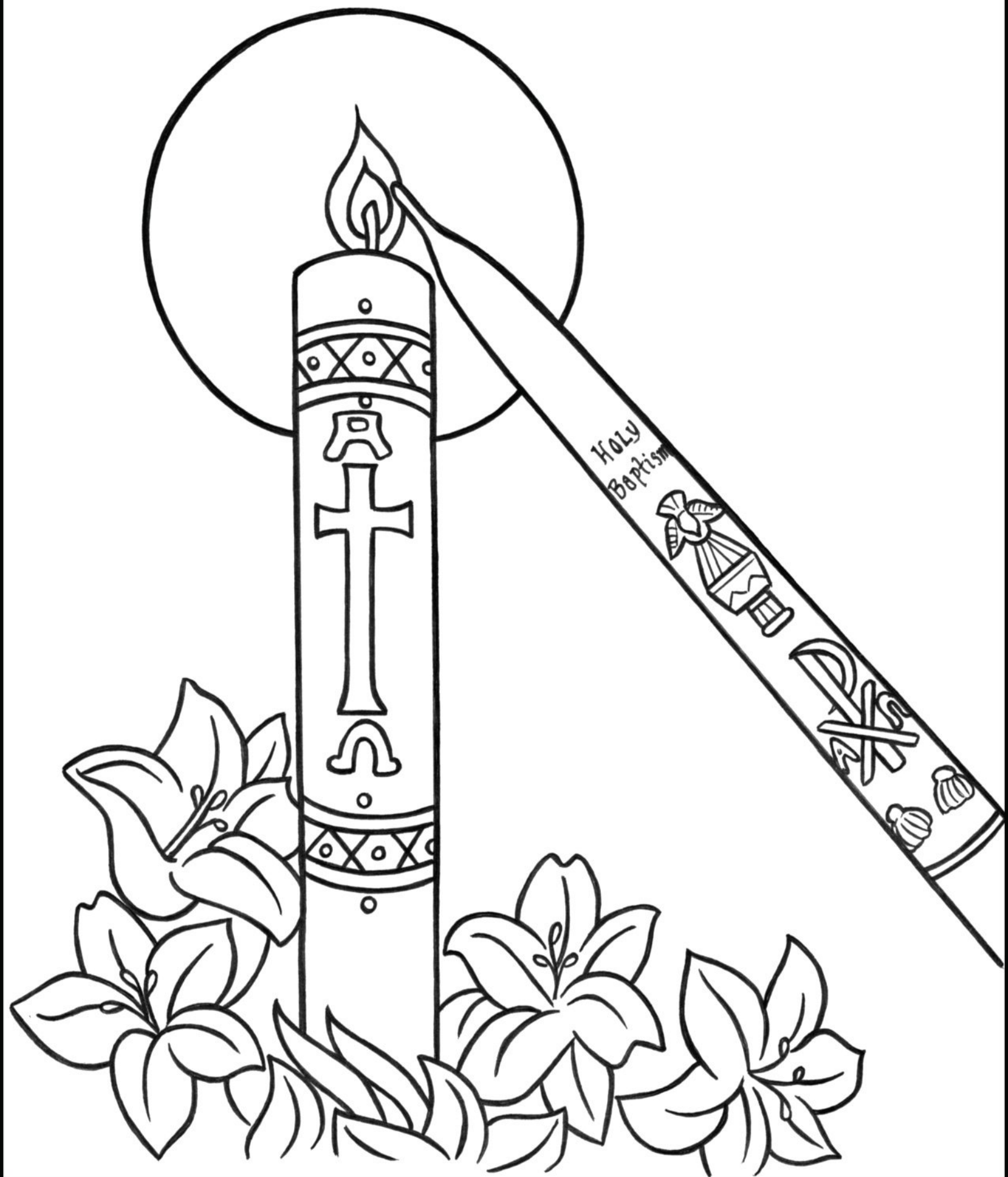
R. I do.

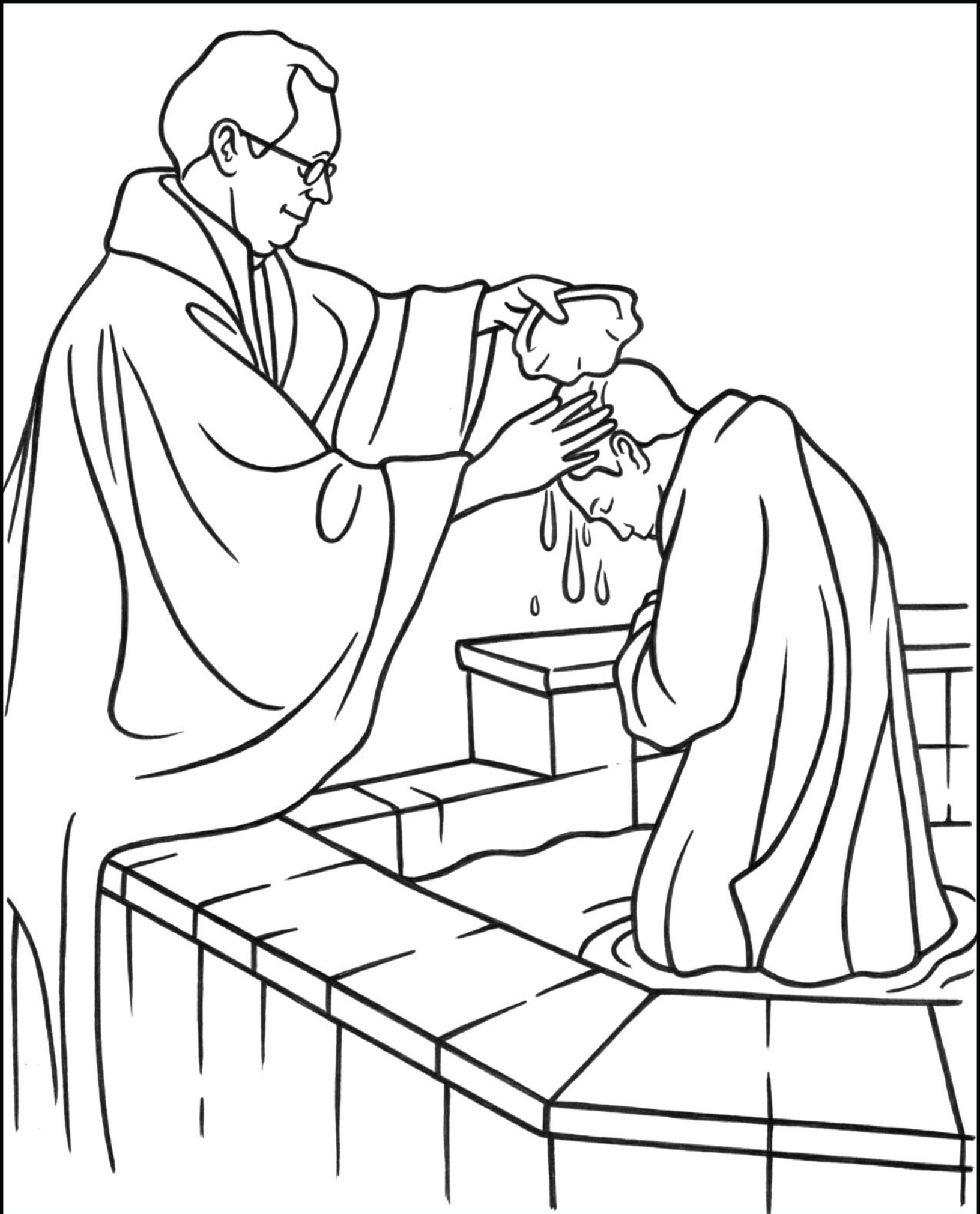
V. God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit, and forgiven all our sins. May he also keep us faithful to our Lord Jesus Christ for ever and ever.

R. Amen.

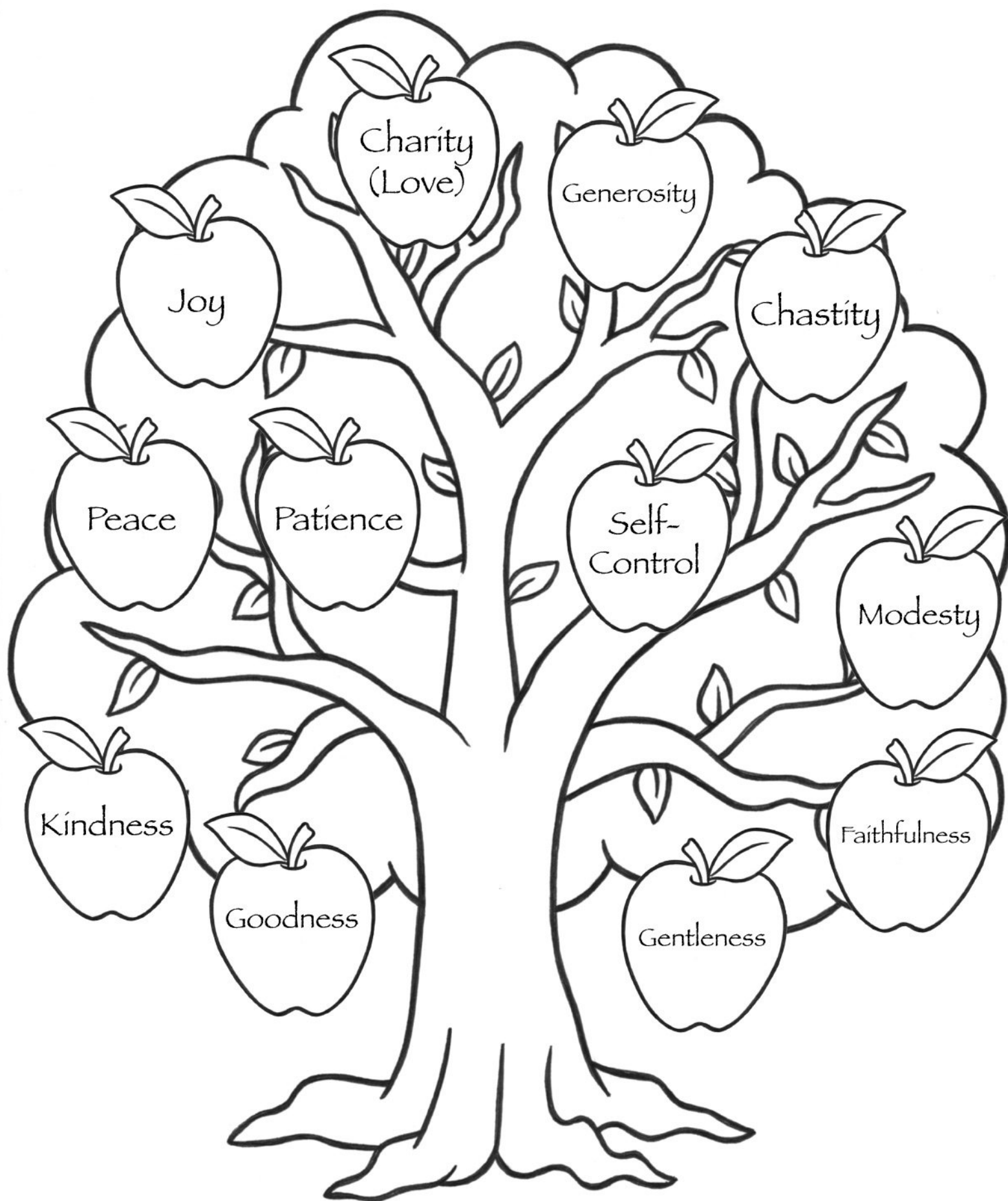


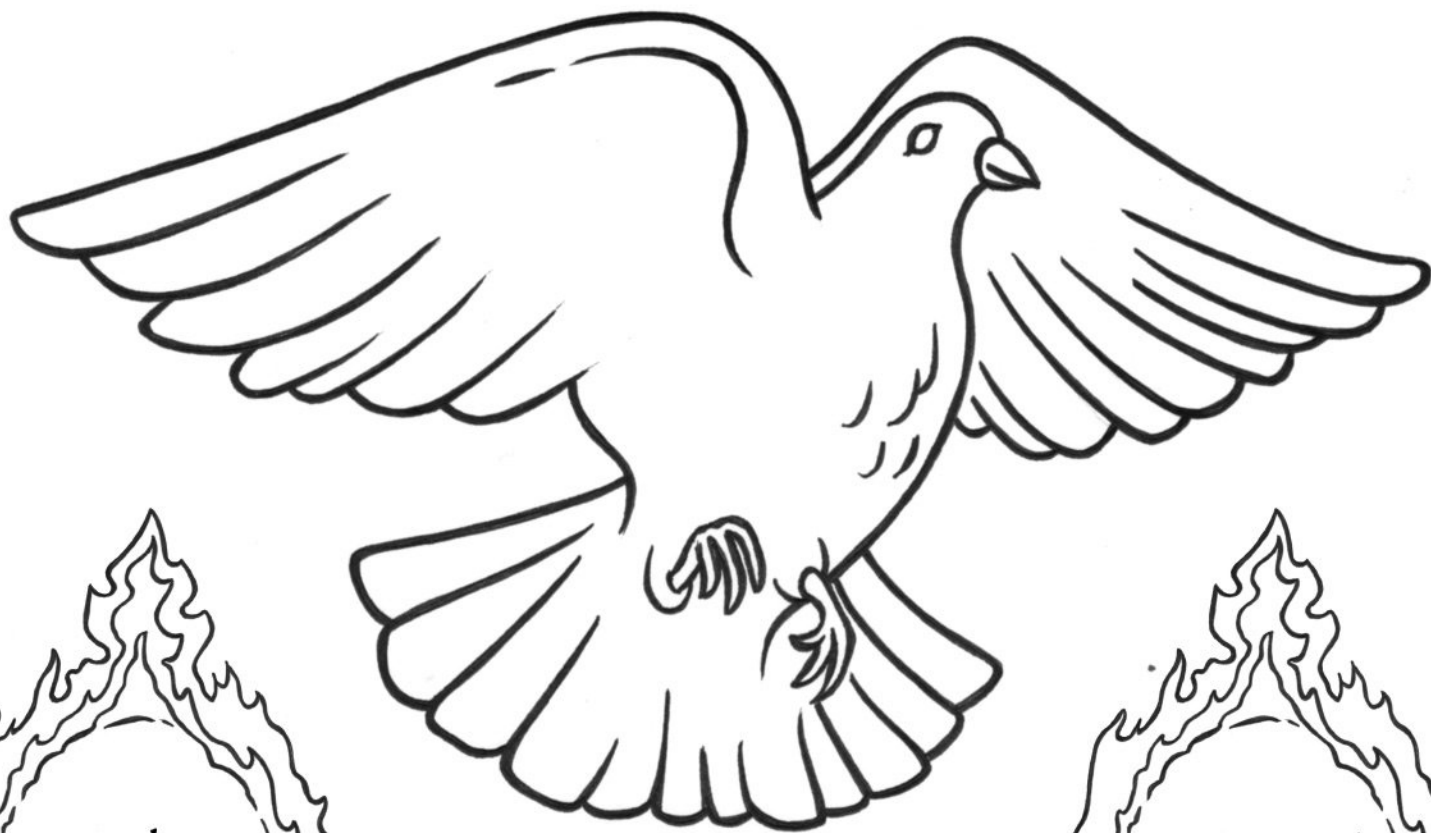


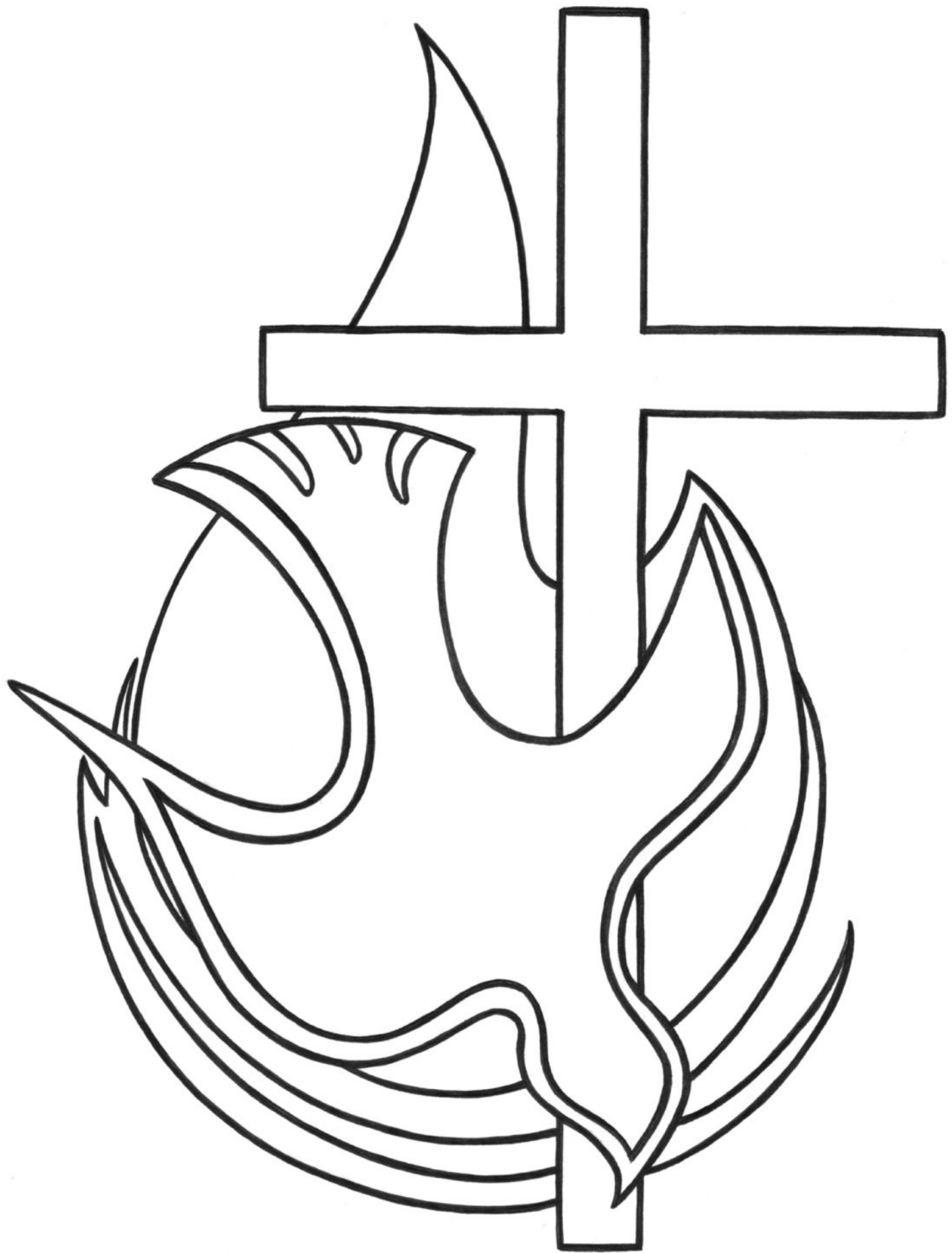


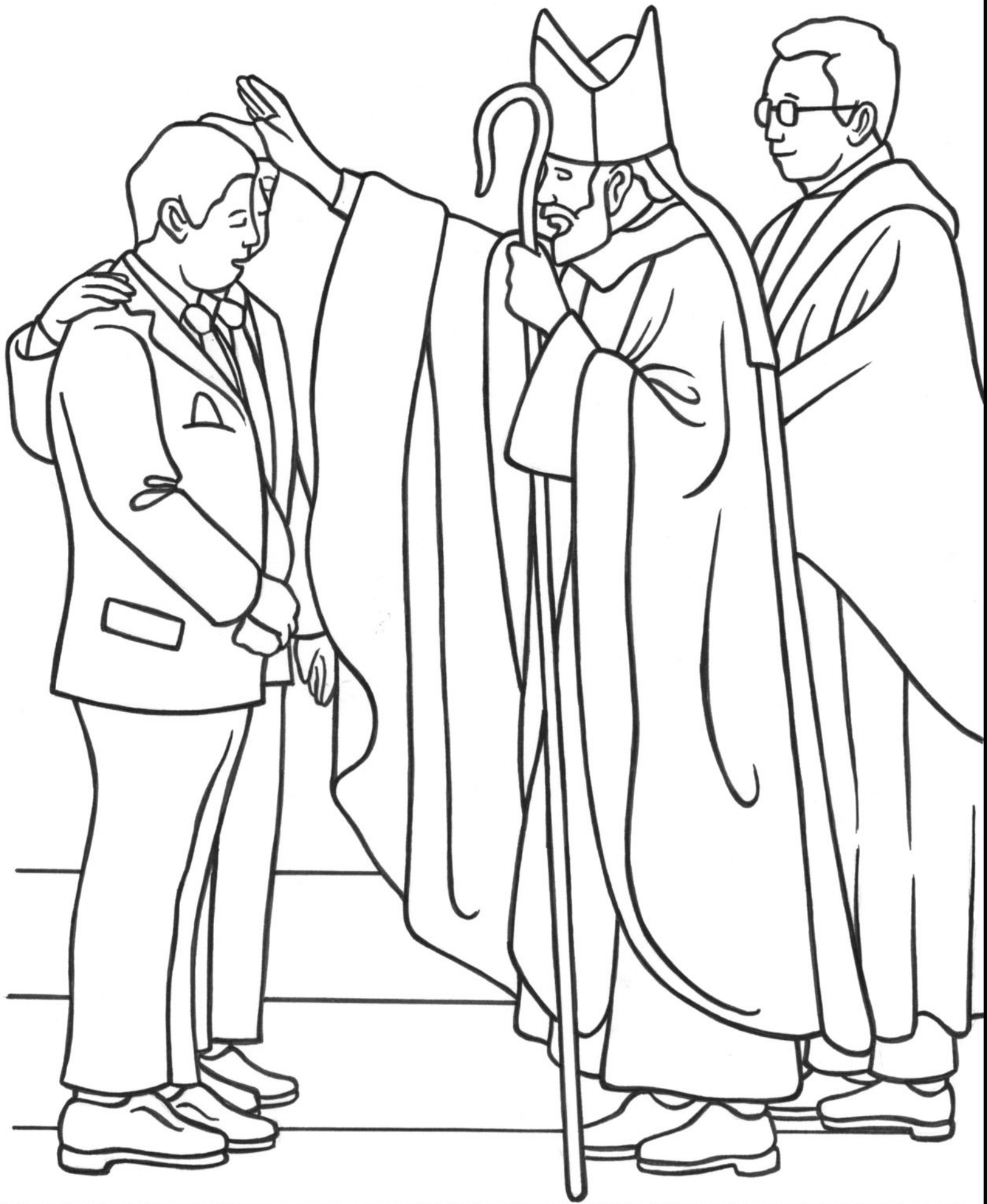




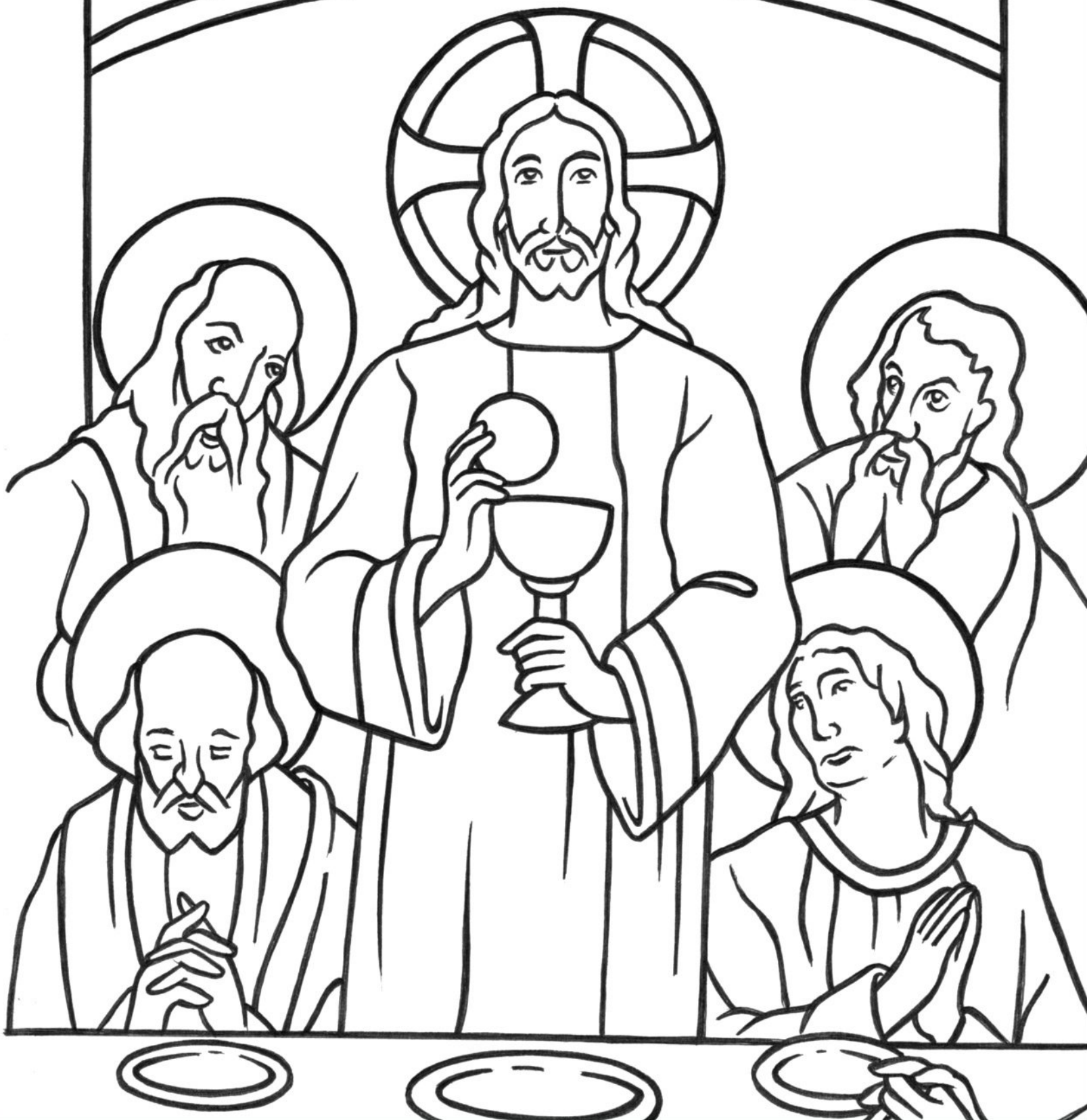








THIS IS MY BODY











An Examination of Conscience for Children

Responsibilities to God:

Have I prayed every day?

Have I prayed my morning prayers and night prayers?

Have I prayed with my parents and family?

Have I been moody and rebellious about praying and going to church on Sunday?

Have I asked the Holy Spirit to help me whenever I have been tempted to sin?

Have I asked the Holy Spirit to help me do what is right?

Responsibilities to others:

Have I been obedient and respectful to my parents?

Have I lied or been deceitful to them or to others?

Have I been arrogant, stubborn or rebellious?

Have I talked back to parents, teachers or other adults?

Have I pouted and been moody?

Have I been selfish toward my parents, brothers, and sisters, teachers, or my friends and schoolmates?

Have I gotten angry at them? Have I hit anyone?

Have I held grudges or not forgiven others?

Have I treated other children with respect or have I made fun of them and called them names?

Have I used bad language?

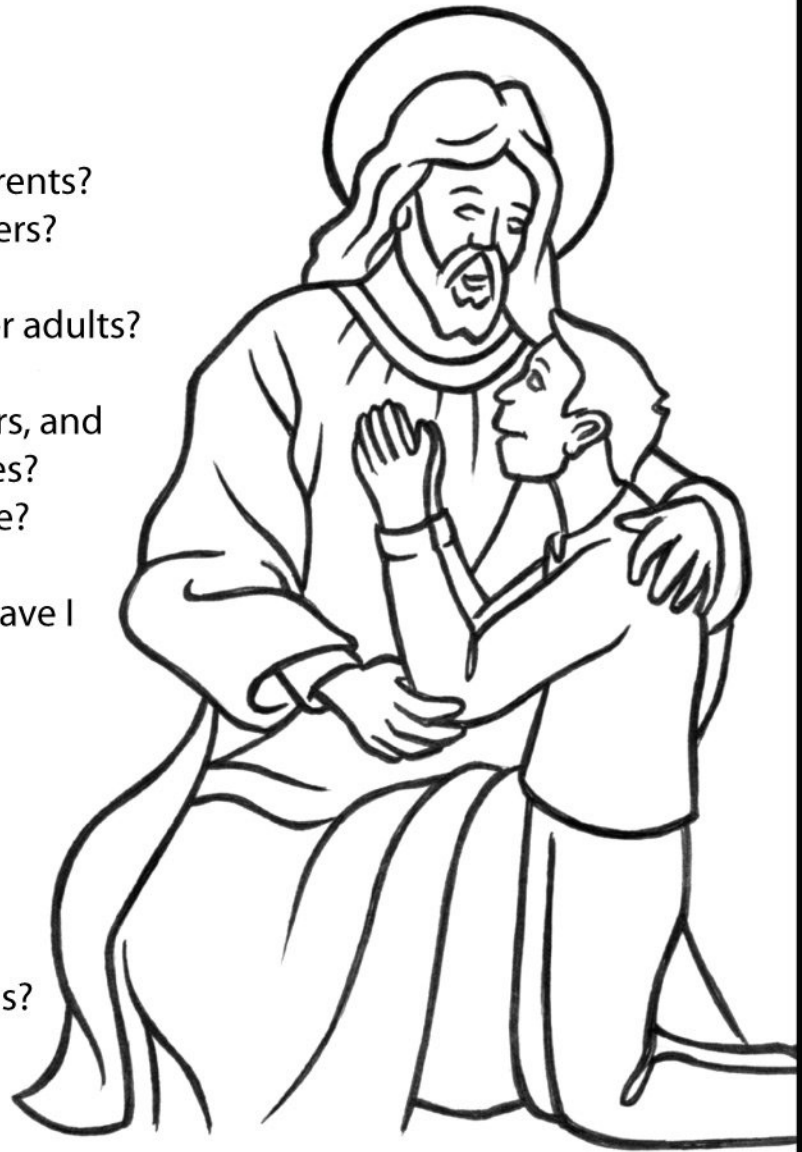
Have I stolen anything? Have I returned it?

Have I performed my responsibilities, such as homework and household chores?

Have I been helpful and affectionate toward my family?

Have I been kind and generous with my friends?

(Composed by Fr. Thomas Weinandy)



Confession Guide for kids

Before you go to Confession, prepare by examining your conscience. Think about any sins you have committed since the last time you received the sacrament of penance (see "An Examination of Conscience for Children" by Fr. Thomas Weinandy).

1. Enter the confessional and sit or kneel behind a screen or face to face with the priest.
2. After the priest greets you, make the sign of the cross and say, "**Bless me Father for I have sinned. It has been** (state how long) _____ **since my last confession.**"
3. Say to the priest, "**These are my sins.**" Then tell your sins simply & honestly to the priest.

4. Listen to the advice the priest gives you and accept the penance from him. Then make an Act of Contrition for your sins.

Act of Contrition Prayer:

**O my God,
I am heartily sorry for having offended Thee,
and I detest all my sins,
because I dread the loss of heaven, and the pains of hell;
but most of all because they offend Thee, my God,
Who are all good and deserving of all my love.
I firmly resolve, with the help of Thy grace,
to confess my sins, to do penance,
and to amend my life.
Amen.**

5. The priest will grant you absolution and then conclude with: "The Lord has freed you from your sins. Go in peace." And you respond by saying: "**Thanks be to God.**"

6. After you leave the confessional, **perform your penance** as soon as possible.

(If you forget something or have trouble remembering what to do during Confession, ask the priest for help. You may also take this printout into the confessional with you.)

