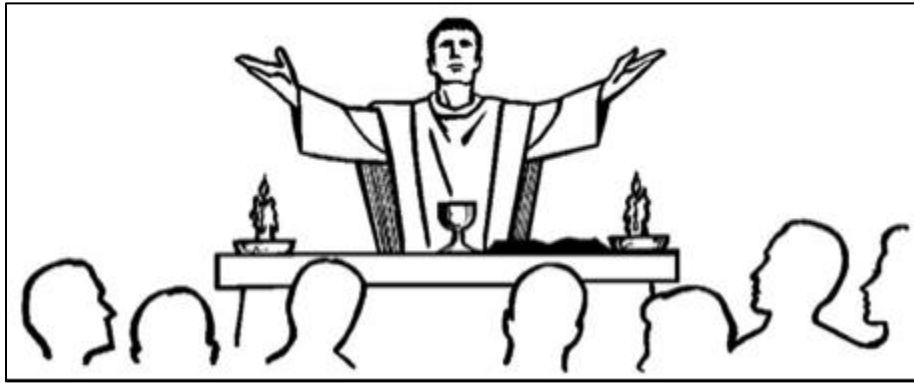




Holy Mass Notebook

WE do not come to church just attend a service,
But to offer our prayers to assist the priest in serving God.

I go to Mass and bless myself,
I bless with holy water.
Then genuflect to show respect
-For Christ upon the altar.

To God the Father,
Christ is offered up for our salvation,
The bread and wine become
His Flesh and Blood at consecration.

I assist at Mass with
Reverence, Attention, Devotion.
I don't assist halfway.
I need love's strength to pray.

Communion time -Christ's gift divine-
I do receive him, too.

I don't leave church until the priest leaves.
That is when Mass is through.

Genuflect



Is the candle near the tabernacle lit? that tells us that "Jesus is home" in the tabernacle. We genuflect toward the tabernacle to show our respect for Jesus, who is really present there.

The Sign of the Cross



In the name
of the Father,



And of the Son,

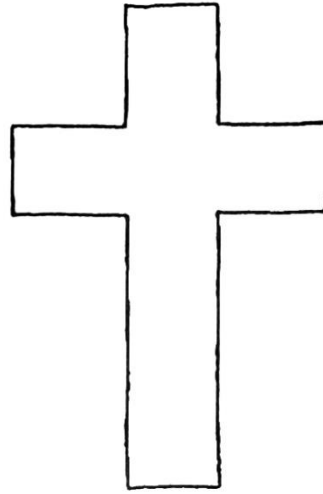


And of the Holy



Spirit. Amen.

I am
learning
to make
the Sign
of the Cross.



The Greeting

The Lord be with you.



Four sets of horizontal lines for handwriting practice. Each set consists of a solid top line, a dashed middle line, and a solid bottom line. The first set is positioned directly below the priest's feet. The second set is below the first. The third set is below the second. The fourth set is at the bottom of the page.

Penitential Rite

After the greeting the Priest may have the congregation say:

(Confiteor)

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

(here you may strike your chest three times)

through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Or he may say:

Priest: You were sent to heal the contrite of heart: Lord, have mercy.

People: Lord, have mercy.

Priest: You came to call sinners: Christ, have mercy.

People: Christ, have mercy.

Priest: You are seated at the right hand of the Father to intercede for us:

Lord, have mercy.

People: Lord, have mercy.

Together we pray:

Lord, have _____.

_____ have mercy.

_____ have mercy.

We think of things we have done wrong-

Cheating

Stealing

Fighting

Forgetting about God

...And we are sorry

Glory to God

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God,
almighty Father.**



**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Fill in the Words from the "Gloria"

_____ to _____ in the Highest

And on earth _____ to people of _____ will.

We _____ you,

We _____ you,

We _____ you,

We _____ you thanks for your great

_____.

Lord God, heavenly _____, O God, Almighty Father.

Lord _____, Only Begotten Son,

Lord God, _____ of God, _____ of the Father,

you take away the _____ of the world, have mercy on _____;

you take away the _____ of the world, receive our _____;

you are seated at the right hand of the _____,

have _____ on us.

For you alone are the _____ One,

you alone are the _____,

you alone are the _____,

Jesus _____,

with the Holy _____,

in the _____ of God the _____.

Amen.

Liturgy of the Word

God speaks to us today. We listen and respond to God's Word.
We sit and listen to the stories. They are from the Bible. A Lector is a person from the congregation who reads parts of the bible.



First Reading:

The reader reads from the Old Testament, (before Jesus was born) or from the Acts of the Apostles.

The reader concludes,

"The word of the Lord." We respond:

T_____ **b**_____ **to G**_____.

Responsorial Psalm: We respond to God's Word. The Book of Psalms is from the Old Testament. Most of the Psalms were written by King David. We participate by saying the response verse. On Sundays, a person called a cantor will sing the Psalm. When the person, put his or her arm up the congregation is to respond with the verse.

Second Reading: The reader reads from the New Testament, but not from the four Gospels. (after Jesus was raised from the dead)

The reader concludes,

"The word of the Lord." We respond:

T_____ **b**_____ **to G**_____.

ALLELUIA!

To show our respect for the Lord, we stand and sing out for joy. Except during Lent, when we sing:

"Praise to you Lord Jesus Christ, King of Endless Glory!"



The Gospel

(it means Good News)

Jesus IS the Word, and we stand out of respect for Him.

Priest: "The Lord be with you."

People:

And _____

Priest: "A reading from the Holy Gospel of _____."

People:

G_____ to you, O _____."

We pray silently,
"May the Word of God
be in my thoughts,
and on my lips
and in my heart."

We make a cross
on our

_____.

AFTER THE GOSPEL READING

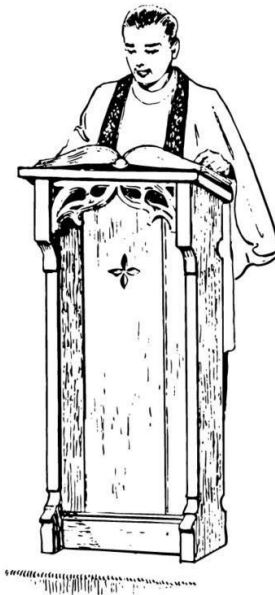
Priest: "The Gospel of the Lord."

People:

" P_____ to you,
L_____ J_____
C_____."

The Homily

We sit. The priest or deacon preaches the homily.
He helps the whole community understand the
Word of God spoken to us in the readings.



La entrada

Nos ponemos de pie mientras el sacerdote, el diácono y otros ministros entran a la asamblea. Cantamos un canto de entrada. El sacerdote y el diácono besan el altar. Luego el sacerdote va hacia la sede, desde donde preside la celebración.

Señal de la Cruz y el saludo

El sacerdote nos guía para hacer la Señal de la Cruz. El sacerdote nos saluda y respondemos, **"Y con tu espíritu"**.

El Acto Penitencial

Admitimos nuestras culpas y rogamos a Dios por su misericordia. Rezamos:

Señor, ten piedad.

Cristo, ten piedad.

Señor, ten piedad.

El Gloria

Gloria a Dios en el cielo, y en la tierra

paz a los hombres que ama el Señor.

Por tu inmensa gloria te alabamos,

te bendecimos,

te adoramos,

te glorificamos,

te damos gracias,

Señor Dios, Rey celestial,

Dios Padre todopoderoso.

Señor, Hijo único, Jesucristo.

Señor Dios, Cordero de Dios, Hijo del Padre:

tú que quitas el pecado del mundo,

ten piedad de nosotros; Spanish/Espanol

tú que quitas el pecado del mundo,

atiende nuestra súplica;

tú que estás sentado a la derecha del Padre,

ten piedad de nosotros;

porque sólo tú eres Santo,

sólo tú Señor,

sólo tú Altísimo, Jesucristo,

con el Espíritu Santo

en la gloria de Dios Padre. Amén.



La LITURGIA de la PALABRA

Dios habla con nosotros hoy. Escuchamos y respondemos a la Palabra de Dios.

La primera lectura

Nos sentamos y escuchamos mientras el lector lee del Antiguo Testamento o de los Hechos de los Apóstoles. El lector termina diciendo: **“Palabra de Dios”**.

Respondemos: “Te alabamos, Señor”.

El Salmo responsorial

El cantor nos guía para cantar un salmo.

La segunda lectura

El lector lee del Nuevo Testamento, pero no lee de los cuatro Evangelios. El lector termina diciendo: **“Palabra de Dios”**.

Respondemos: “Te alabamos, Señor”.

La aclamación

Nos ponemos de pie para honrar a Cristo presente con nosotros en el Evangelio. El cantor nos guía para cantar el **“Aleluya”** u otro canto durante la Cuaresma.

El Evangelio

El diácono o el sacerdote proclama: “Lectura del santo Evangelio según san (nombre del escritor del Evangelio)”.

Respondemos: “Gloria a ti, Señor”.

Proclama el Evangelio y al finalizar dice: **“Palabra de Dios”**.

Respondemos: “Gloria a ti, Señor Jesús”.

La homilía

Nos sentamos. El sacerdote o el diácono predica la homilía para ayudar a toda la comunidad a entender la Palabra de Dios que escuchamos en las lecturas.

La profesión de fe

Nos ponemos de pie y profesamos nuestra fe. Todos juntos rezamos el Credo.

Oraciones y Prácticas Católicas para Discípulos Jóvenes

Catholic Prayers and Practices for Young Disciples T84T © RCL Benziger, a Kendall Hunt Company

The Profession of Faith

We stand and profess our faith. We pray the Creed together:

Nicene Creed/ Credo Niceno

I believe in one God,

the Father almighty,

maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father;

through him all things were made.

For us men and for our salvation he came down from heaven,

(At the words that follow, up to and including and became man, all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake, he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.



Creo en un solo

Dios, Padre todopoderoso,

Creador del cielo y de la tierra, de todo lo visible y lo invisible.

Creo en un solo Señor, Jesucristo, Hijo único de Dios,

nacido del Padre antes de todos los siglos:

Dios de Dios, Luz de Luz, Dios verdadero de Dios verdadero, engendrado no creado, de la misma naturaleza del Padre, por quien todo fue hecho;

que por nosotros, los hombres, y por nuestra salvación bajó del cielo,

(Durante las palabras que siguen y hasta y se hizo hombre, todos se inclinan.)

y por obra del Espíritu Santo se encarnó de María, la Virgen, y se hizo hombre;

y por nuestra causa fue crucificado en tiempos de Poncio Pilato; padeció y fue sepultado, y resucitó al tercer día,

según las Escrituras;

y subió al cielo, y está sentado a la derecha del Padre;

y de nuevo vendrá con gloria para juzgar a vivos y muertos, y su Reino no tendrá fin.

Creo en el Espíritu Santo,

Señor y dador de vida, que procede del Padre y del Hijo, que con el Padre y el Hijo recibe una misma adoración y gloria. Y que habló por los profetas.

Creo en la Iglesia, que es una, santa, católica y apostólica.

Confieso que hay un solo bautismo para el perdón de los pecados.

Espero la resurrección de los muertos,

y la vida del mundo futuro.

Amén.

Prayer of the Faithful

Together we pray for everyone.

Praying for:

For our Church and her leaders,
For our country and its leaders,
For ourselves and others,
For the sick
For those who have died.



Who are you praying for?

For _____

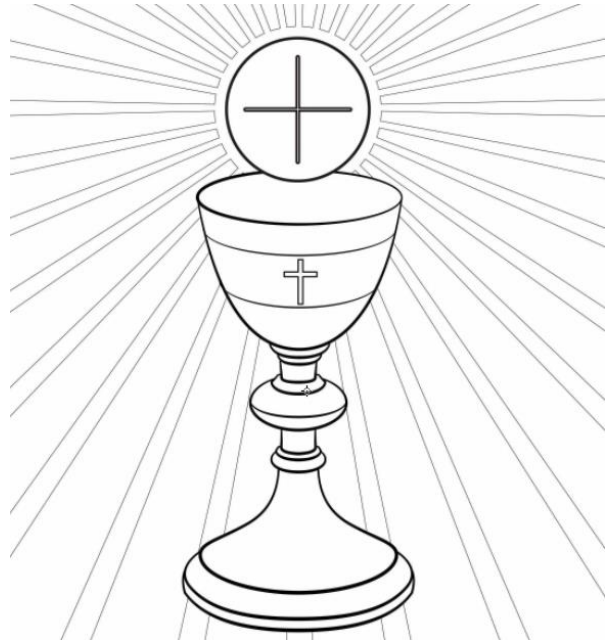
We pray that _____

We can respond to each prayer in several ways. One way we respond is,

"Lord, hear our prayer."

The LITURGY of the EUCHARIST

We join with Jesus and the Holy Spirit to give thanks and praise to God the Father.



The LITURGY of the EUCHARIST

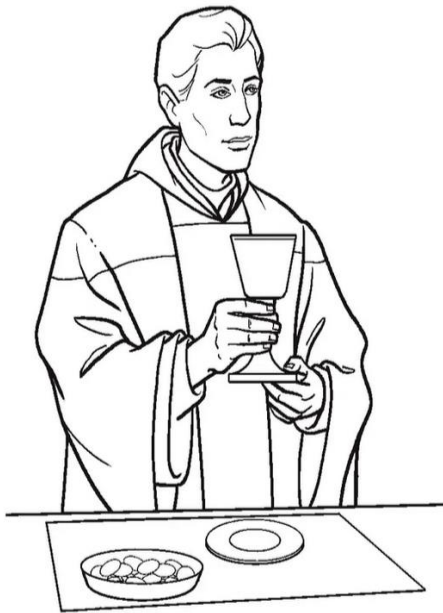
The Preparation of the Altar and Gifts

We sit as the altar is prepared and the collection is taken up. We share our blessings with the community of the Church and especially with those in need. The cantor may lead us in singing a song. The gifts of bread and wine are brought to the altar.

We can offer our work our money and our prayers to God.



At the Altar



The Priest prays,

"Blessed are you, Lord God of all creation, . . ."

We respond, **"Blessed be God forever."**

The priest lifts up the cup of wine and prays, **"Blessed are you, Lord God of all creation, . . ."**

We respond, **"Blessed be God forever."**

The priest invites us, **"Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father."**

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We stand and respond,

"May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church."

The Prayer over the Offerings

The priest leads us in praying the Prayer over the Offerings. We respond,
"Amen."

Opening Dialog and Preface

The priest invites us to join in praying the Church's great prayer of praise and thanksgiving to God the Father.

Priest: "The Lord be with you."

Assembly: **"And with your spirit."**

Priest: "Lift up your hearts."

Assembly: **"We lift them up to the Lord."**

Priest: "Let us give thanks to the Lord our God."

Assembly: **"It is right and just."**

After the priest sings or prays aloud the Preface, we acclaim,

"Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest."

Fill in missing words:

"Holy, Holy, Holy Lord _____ of hosts.

Heaven and earth are full of your _____.

H_____ in the highest.

Blessed is he who comes in the name of the _____.

Hosanna in the h_____"



La Oración de los Fieles

El sacerdote nos guía para rezar por la Iglesia y sus pastores, por nuestro país y sus líderes, por nosotros y por los demás, por los enfermos y por quienes han muerto. Podemos responder a cada oración de diferentes maneras.

Una manera de responder es: **“Te lo pedimos, óyenos”**.

La LITURGIA de la EUCARISTÍA

Nos unimos a Jesús y al Espíritu Santo para agradecer y alabar a Dios Padre.

La preparación del altar y de las ofrendas

Nos sentamos mientras se prepara la mesa de altar y se recibe la colecta. Compartimos nuestras bendiciones con la comunidad de la Iglesia y en especial con los necesitados. El cantor puede guiarnos en un canto. Se llevan al altar los dones del pan y el vino.

El sacerdote alza el pan y bendice a Dios por todos nuestros dones. **“Bendito seas, Señor Dios del universo...”**.

Respondemos: **“Bendito seas por siempre, Señor”**.

El sacerdote alza la copa y reza: **“Bendito seas, Señor Dios del universo...”**.

Respondemos: **“Bendito seas por siempre, Señor”**.

El sacerdote nos invita: **“Oremos, hermanos, para que este sacrificio, mío y vuestro, sea agradable a Dios, Padre todopoderoso”**.

Nos ponemos de pie y respondemos:

“El Señor reciba de tus manos este sacrificio, para Alabanza y gloria de su nombre, para nuestro bien y el de toda su santa Iglesia”.

La Oración sobre las Ofrendas

El sacerdote nos guía para rezar la Oración sobre las Ofrendas.

Respondemos: **“Amén”**.

Diálogo del Prefacio

El sacerdote nos invita a unirnos para rezar la importante oración de la Iglesia de Alabanza y acción de gracias a Dios Padre.

Sacerdote: **"El Señor esté con ustedes".**

Asamblea: **"Y con tu espíritu".**

Sacerdote: **"Levantemos el corazón".**

Asamblea: **"Lo tenemos levantado hacia el Señor".**

Sacerdote: **"Demos gracias al Señor, nuestro Dios".**

Asamblea: **"Es justo y necesario".**

Después de que el sacerdote canta o reza en voz alta el prefacio, proclamamos:

"Santo, santo, santo es el Señor, Dios del universo.

Llenos están el cielo y la tierra de tu gloria.

Hosanna en el cielo.

Bendito el que viene en nombre del Señor.

Hosanna en el cielo".

La Plegaria Eucarística

El sacerdote guía a la asamblea para rezar la Plegaria Eucarística. Rogamos al Espíritu Santo

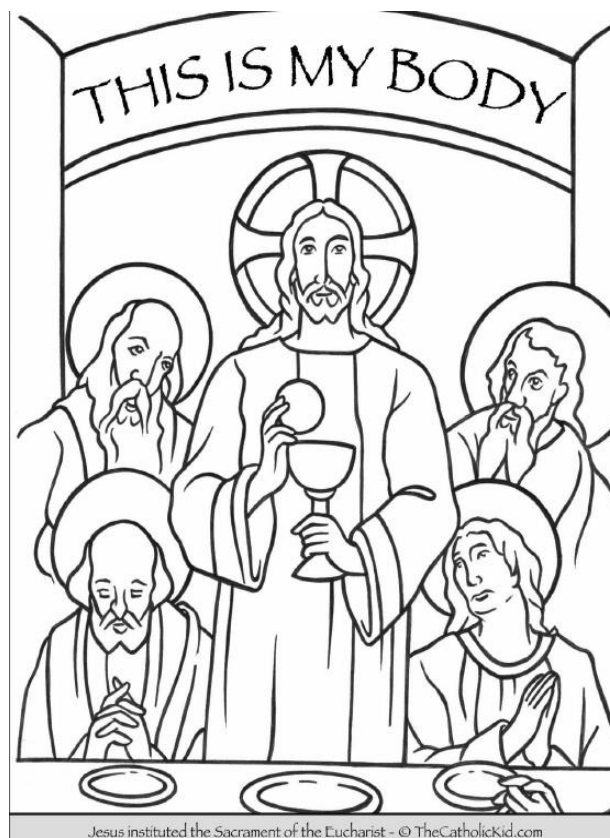
para que santifique nuestros dones de pan y vino y los convierta en el Cuerpo y la Sangre de Jesús. Recordamos lo que sucedió en la Última Cena. El pan y el vino se convierten en

el Cuerpo y la Sangre del Señor. Jesús está verdadera y realmente presente bajo la apariencia del pan y el vino. El sacerdote canta o reza en voz alta el

"Misterio de la fe".

Respondemos usando esta u otra aclamación de la Iglesia:

**"Anunciamos tu muerte,
proclamamos tu resurrección. ¡Ven,
Señor Jesús!".**



Luego el sacerdote reza por la Iglesia. Reza por los vivos y los muertos.

The Eucharistic Prayer

The priest leads the assembly in praying the Eucharistic Prayer. We call upon the Holy Spirit to make our gifts of bread and wine holy and that they become the Body and Blood of Jesus. We recall what happened at the Last Supper. The bread and wine become the Body and Blood of the Lord. Jesus is truly and really present under the appearances of bread and wine.

The Consecration

We kneel for the consecration. You should try never to walk in or out of church during this special and important time. This is the time when a miracle occurs.

Standing in for Jesus himself, the priest says:

"Take this, all of you, and eat it:
this is my body which will be given up for you."

"Take this, all of you, and drink from it:
this is the cup of my blood,
the blood of the new and everlasting covenant.
It will be shed for you and for all
So that sins may be forgiven.
Do this in memory of me."

With these words, the priest changes bread and wine into the _____ and _____ of Jesus.

When the bread (host) has been consecrated, it becomes the Body, Blood, Soul and Divinity of Jesus.

Will it look different after consecration? _____

Will it taste different after consecration? _____

How do we know that it is really Jesus?

Because _____

The Mystery of Faith

The priest sings or says aloud, **"The mystery of faith."**

We respond using this or another acclamation

People:

A - We proclaim your Death, O Lord, and profess your Resurrection until you come again.

B - When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

C - Save us, Savior of the world, for by your Cross and Resurrection, you have set us free.

Doxology

The priest concludes the praying of the Eucharistic Prayer. He sings or prays aloud,

"Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours, for ever and ever."

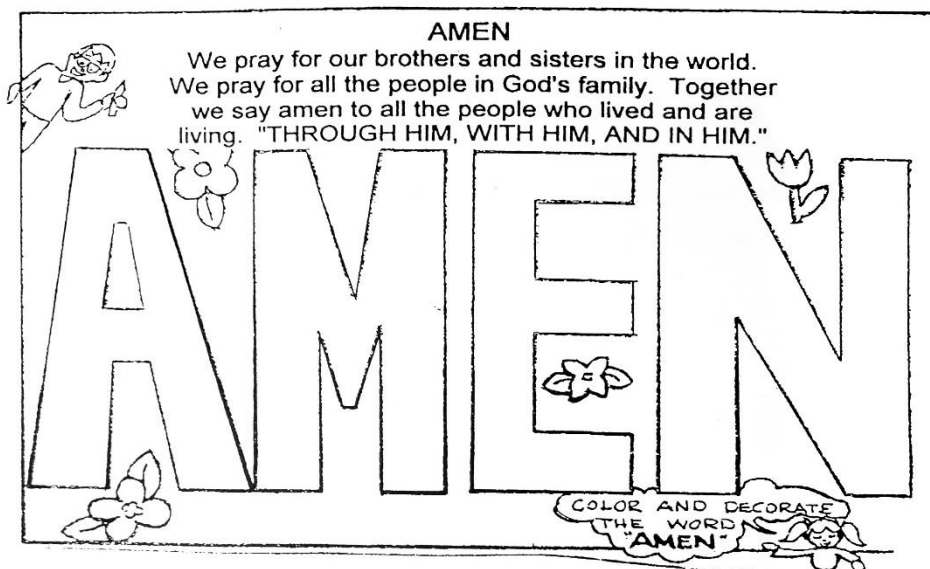
We respond, **"Amen."**

Doxología

El sacerdote termina de rezar la Plegaria Eucarística. Canta o reza en voz alta:

"Por Cristo, con él y en él, a ti, Dios Padre omnipotente, en la unidad del Espíritu Santo, todo honor y toda gloria por los siglos de los siglos".

Respondemos: **"Amén"**.



The Communion Rite

Lords's Prayer /La Oración del Señor

The Sign of Peace

The priest invites us to share a sign of peace, saying, "The peace of the Lord be with you always."

We respond,

"And with your spirit."

We share a sign of peace

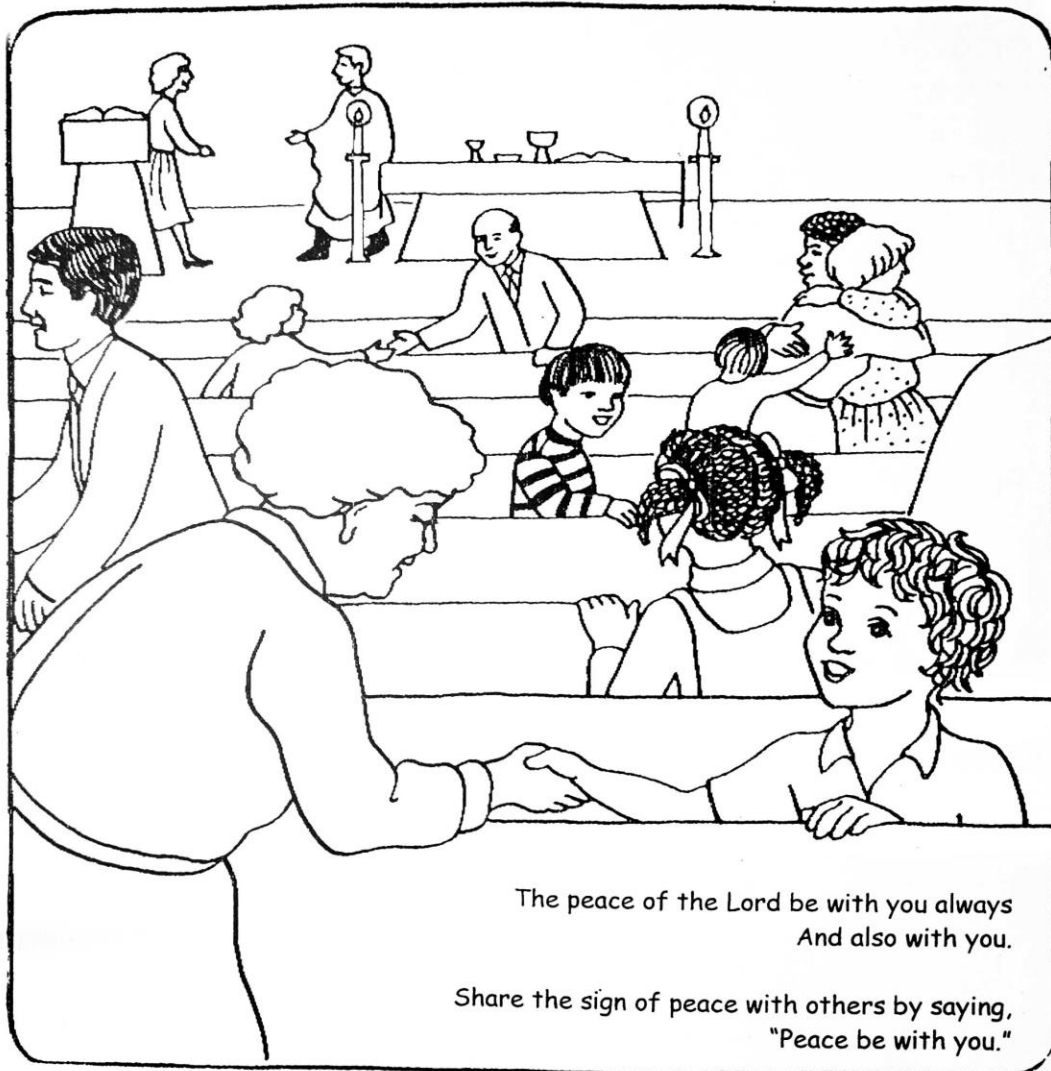
El Rito de la Paz

El sacerdote nos invita a compartir una señal de paz diciendo: "La paz del Señor esté siempre con ustedes".

Respondemos:

"Y con tu espíritu".

Compartimos una señal de paz.



Our Father / Padre Nuestro

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come, thy will be
done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who
trespass against us.
And lead us not into temptation,
but deliver us from evil.
Amen.

Padre nuestro, que estás en el
cielo, santificado sea tu Nombre;
venga a nosotros tu reino; hágase
tu voluntad en la tierra como en el
cielo.
Danos hoy nuestro pan de cada día;
perdona nuestras ofensas, como
también nosotros perdonamos a los
que nos ofenden; no nos dejes caer
en la tentación, y líbranos del mal.
Amén.

Matthew 6:9-13, Luke 11:2-4



The Breaking of the Bread, La fracción del pan



 SPANISH/ESPAÑOL

El sacerdote parte la hostia o pan consagrado. Cantamos o rezamos en voz alta:

"Cordero de Dios, que quitas el pecado del mundo, ten piedad de nosotros.

Cordero de Dios que quitas el pecado del mundo, ten piedad de nosotros.

Cordero de Dios, que quitas el pecado del mundo, danos la paz."

Comunión

El sacerdote alza la hostia y dice en voz alta:

"Éste es el Cordero de Dios, que quita el pecado del mundo. Dichosos los invitados a la cena del Señor". Nos unimos a él y decimos:

**"Señor, no soy digno de que entres en mi casa,
pero una palabra tuya bastará para sanarme".**

El sacerdote, el diácono o el ministro extraordinario de la Sagrada Comunión alza la hostia. Nos inclinamos y el sacerdote, el diácono o el ministro extraordinario de la Sagrada Comunión dice:
"El Cuerpo de Cristo".

Respondemos: **"Amén".**

Entonces recibimos la hostia consagrada en nuestras manos o sobre la lengua. Si nos corresponde recibir la Sangre de Cristo, el sacerdote, el diácono o el ministro extraordinario de la Sagrada Comunión alza la copa que contiene el vino consagrado. Nos inclinamos y el sacerdote, el diácono o el ministro extraordinario de la Sagrada Comunión dice:

"La Sangre de Cristo".

Respondemos: **"Amén".**

Tomamos la copa en las manos y bebemos de ella.

La Oración después de la Comunión

Nos ponemos de pie mientras el sacerdote nos invita a rezar, diciendo: **"Oremos".**

Reza la Oración después de la Comunión.

Respondemos: **"Amén".**

The Breaking of the Bread

The priest breaks the host, the consecrated bread. We sing or pray aloud,

**"Lamb of God, you take away the sins of the world,
Have mercy on us.**

**Lamb of God, you take away the sins of the world,
Have mercy on us.**

**Lamb of God, you take away the sins of the world,
Grant us peace."**

Lamb of God (Agnus Dei)

Lamb of God, you
take away the sins of
the world,
Have _____
on us.

Lamb of God, you
take away the
_____ of the
world,
Have _____
on us.

_____ of God, you take away the sins of
the _____,
Grant us _____.



Communion

The priest raises the host and says aloud,

**"Behold the Lamb of God, behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb."**

We join with him and say,

**"Lord, I am not worthy that you should enter under my roof, but
only say the word and my soul shall be healed."**

Communion

I may show reverence and respect to Jesus by _____ to Him before I receive the Blessed Sacrament.

I may receive Him on my _____ or in my _____. Either way, the host is more precious than gold. Receive Him with great reverence.

What to do:

Keep your hands folded in prayer.

Walk up slowly and reverently.

Stand with your toes almost touching the first step.

(In the hand)

Make your _____ hand a throne to receive Him.

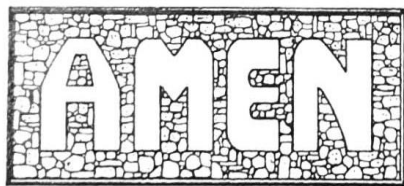
Put your _____ hand underneath your left hand.

(On the tongue)

Open your mouth and put out your tongue as a throne to receive Him.

Father will say, "The Body of Christ."

You answer:



Which means, "Yes, I believe."

In this exchange, you are assuring Father that you know that Jesus is really present in the host you are being given.

Wait for the host to be given to you;
don't try to grab Him.
When the host is in your hand, make
one step to the side.
Pick up the host with your _____
hand and put Him into your mouth.

After the host is put upon your
tongue,
step to the side



Cross yourself and walk quietly back to your seat.

You may let the host soften in your mouth until you can swallow it,
or chew quietly and carefully. (Not like a stick of bubble gum.)

Wine

You may take the cup if one is offered to you and your parents say it is okay.

Take the cup in your hands.
Tip the cup to your mouth and take a small sip.
Hand the cup back to the Eucharistic minister.
Cross yourself and return to your seat.

After Communion, we talk to God in the
quiet of our hearts. Give Him thanks. Tell
Him how much you love Him.
We may pray while we are kneeling or
standing in reverence.



The Prayer after Communion

We stand as the priest invites us to pray, saying, **“Let us pray.”** He prays the Prayer
after Communion. We respond, **“Amen.”**

Concluding Rites:

We are sent forth to do good works, Praising and Blessing God!

We stand. The Priest says, **"The Lord be with you."**

We respond, **"And _____."**

Blessing: The priest or deacon may invite us,

"Bow down for the blessing."

The priest blesses us, saying,

"May almighty God bless you, the Father, and the Son, and the Holy Spirit."

We respond, **"Amen."**

"Go and announce the Gospel of the Lord."

We respond,

"Thanks be to God."



SPANISH/ESPAÑOL

EL RITO DE CONCLUSIÓN

Se nos envía a hacer buenas obras, alabando y bendiciendo al Señor.



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Nos ponemos de pie. El sacerdote nos saluda al preparamos para irnos.

Dice: **"El Señor esté con ustedes"**. Respondemos: **"Y con tu espíritu"**.

Bendición final

El sacerdote o diácono nos invita diciendo:

"Inclinen la cabeza para recibir la bendición de Dios".

El sacerdote dice: **"La bendición de Dios todopoderoso, Padre, Hijo y Espíritu Santo descienda sobre ustedes"**.

Respondemos: **"Amén"**.

Despedida del pueblo El sacerdote o el diácono nos despide, usando estas palabras u otras similares: **"Glorifiquen al Señor con su vida"**.

Respondemos: **"Demos gracias a Dios"**